



FALL SPORTS 2023

Featuring Tennis, Cross Country, Volleyball & Football
from Luverne & Hills-Beaver Creek

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September 7, 2023



Cover photos by Mavis Fodness



LHS Football



2023 seniors (front, left) Elliot Domagala, Cade Kracht, Sam Rock and Tucker Dammann (back) Jack Voorhees (manager), Will Serie, Conner Connell, Jacob Stroh, Patrick Kroski, Gavin DeBeer

Seniors lead 2023 season

By Greg Hoogveen

Nine returning seniors and three underclassmen starters provide a solid base of experience for the 2023 LHS football season.

Head coach Todd Oye said he has a lot of talent on his team, primarily with this year's returning seniors.

The Cardinal seniors are Conner Connell, Tucker Dammann, Gavin DeBeer, Elliot Domagala, Cade Kracht, Patrick Kroski, Sam Rock, Will Serie and Jacob Stroh.

Connell provides the team with three years of starting experience, playing both offense and defensive positions.

"He is one of the top players in southwest Minnesota," Oye said.

Connell was one of twelve regional players featured in this year's Dakota News Now Pigskin Preview for his ability and leadership on the field.

Dammann plays strong defense and adds good size to the Cardinal defense. "He is a vocal leader on and off the field," Oye said.

DeBeer is a very athletic player at wide receiver on offense and linebacker on defense. "He has big play ability," Oye said.

Domagala can play many positions and will be the Cardinals' starting tailback.

Kracht, after many position changes, has found a fit at the fullback position.

Kroski will be the Cardinal kicker again this year and can play several other positions if needed.

Rock missed last year due to injury. He is a physical player who can play both sides of the field.

Serie has started at right guard since his sophomore year and will anchor this year's offensive line.

Stroh has transitioned into a starting tight end this year.

"His size and athleticism make us hope he has a big senior season," Oye said.

Returning all-conference players for the Cardinals are Connell and junior Eli Woodley.

Last year the Cardinals ended with a season record of 5-5 and a conference record of 1-3.

In the Section 3AAA playoffs, Luverne beat New Ulm 49-7 at home and ended up losing to Fairmont 35-0 on the road to end the season.

Head Coach: Todd Oye

Assistant Coach: Mike Wenninger, Jon Schomacker, TJ Newgard, Tony Sandbulte, Brooks Maurer, Mike Maurer

Athletic Trainer: Chelsea Miles and Dr. Josh Crabtree

Cheerleading advisors: Leah Radisewitz

LHS Football 2023 Roster

#	Name	Position	Height	Weight	Year
1	Zachary Overgaard	WR/DB	6'3"	150	11
2	Jacob Stroh	TE/LB	6'2"	190	12
3	Joshua Hansen	QB/LB	6'0"	160	10
4	Marcos Diaz	RB/LB	5'8"	165	11
5	Carter Sehr	QB/DB	6'0"	160	11
6	Cade Kracht	RB/DB	5'10"	175	12
7	Levi Gonnerman	RB/DB	5'10"	135	11
8	Ashton Hood	WR/DB	6'0"	170	11
9	Kasey Buss	TE/LB	5'10"	155	10
10	Caden Kruger	WR/DB	5'10"	130	11
11	Elliot Domagala	RB/DB	5'11"	175	12
13	Sam Rock	RB/LB	5'10"	185	12
14	Landyn Lais	RB/LB	5'11"	170	10
15	Jaxon Lais	WR/DB	6'0"	160	10
16	Tucker Remme	WR/DB	5'10"	150	11
17	Patrick Kroski	WR/LB	6'1"	190	12
20	Blake Sauer	RB/LB	5'9"	160	10
21	Maddux Domagala	WR/DB	5'9"	140	10
22	Traytan Sayavong	RB/DB	5'7"	130	10
23	Coulter Thone	TE/DB	6'1"	150	11
24	Gavin DeBeer	WR/LB	6'3"	200	12
30	Connor Bose	WR/DB	5'11"	150	10
31	Tucker Holwell	WR/DB	5'7"	135	10
35	Blake Swenson	TE/LB	6'0"	155	10
40	Jaydon Johnson	QB/LB	6'1"	175	10
41	Aaron Kindt	WR/DB	5'8"	145	10
42	Conner Connell	QB/LB	6'4"	230	12
47	Rayden Boyenga	RB/LB	5'8"	125	10
48	Nicholas Mann	WR/DB	5'8"	125	10
50	Tyler Hodge	OL/DL	5'11"	175	10
51	Elijah Woodley	OL/DL	6'4"	240	11
52	Dawson Holtz	OL/FB/LB	5'6"	155	10
53	Jack Gangestad	OL/DL	6'3"	180	11
54	Adam Ask	OL/DL	6'2"	185	11
55	Will Serie	OL/DL	6'1"	240	12
56	Ryker Johnson	OL/DL	6'3"	250	11
58	James Hoffenkamp	OL/DL	5'9"	160	10
59	Zeke Frahm	OL/DL	5'10"	175	10
63	Layne Saker	OL/DL	6'2"	265	11
64	Keaton Ahrendt	OL/DL	6'3"	250	11
65	Masyn Akkerman	OL/DL	6'2"	230	11
66	Samuel Hinz	OL/DL	6'3"	285	10
67	Tucker Dammann	OL/DL	6'2"	280	12
70	Levi Huisman	OL/DL	5'7"	160	10
74	Damien Ahrendt	OL/DL	6'0"	205	10
77	Dayson Fritz	OL/DL	5'10"	270	10

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H-BC Football



2023 seniors (left) Riley Tatge, Alex Dysthe, Cooper Gehrke and Justin Roelfs

Patriots lean on up-and-coming athletes

By Greg Hoogeveen

The Hills-Beaver Creek football team will lean heavily on its four senior players this season.

The seniors are Riley Tatge, Alex Dysthe, Cooper Gehrke and Justin Roelfs.

Tatge was named to the Red Rock Conference All-Conference Team last season.

He was also part of the Worthington Globe All-Area Team.

Other returning all-conference players this season are juniors Beau Bakken and Sawyer Bosch.

"This year we are a young team with having only four seniors on the roster," head coach Rex Metzger said.

"We have really good team speed and just a lot of good athletes on our roster this year, and we have some guys that we can play multiple positions and guys that can make some big plays."

Metzger is looking to underclassmen to step up and fill some key positions this season.

"We will look to some of our juniors and sophomores that gained experience on the field from last year, quarterback Sawyer Bosch, running back Beau Bakken and offensive lineman Jack Moser, to help lead this team in 2023."

The Patriots finished the 2022 season with a record of 7-3 and a conference record of 6-2.

H-BC is looking to build on last year's success by developing their players in the off-season and on the field.

"The effort of our kids during the off-season is very important to our program," Metzger said.

"The commitment of our kids in doing so helps us to put a solid team on the field every year."

Metzger is in his fourteenth year as the Patriots head coach.

"I'm looking forward to seeing these guys compete on the field this fall," Metzger said.

"Even though we are a young team, I think we have the players to surprise some teams."

H-BC Football 2023 Roster

#	Name	Position	Height	Weight	Year
1	James Vandenberg	WR/DB	6-1	170	11
2	Sawyer Bosch	QB/DB	5-11	170	11
3	Cameron Allen	RB/LB	6-2	175	11
4	Beau Bakken	RB/LB	6-5	215	11
5	Riggins Rheault	RB/DE	6-1	185	9
6	Jamin Metzger	QB/LB	6-5	205	10
7	Micah Bush	WR/DB	6-0	165	10
8	Blake Leenderts	TE/DE	5-11	165	11
9	Alex Dysthe	TE/DE	6-2	180	12
10	Justin Roelfs	RB/DB	5-11	165	12
12	EJ Wegener	TE/LB	6-0	165	10
13	Cooper Gehrke	WR/DB	6-1	145	12
15	Jamesyn Klosterbuer	WR/DB	6-0	150	11
20	Camdyn Broesder	WR/DB	5-4	110	9
22	Mason Shaffner	RB/LB	5-10	170	10
23	Callum Bartels	WR/DB	5-8	120	10
28	Jed Fagemess	TE/LB	6-0	150	9
30	Jackson Gacke	TE/LB	6-2	180	10
32	Tryg Tollefson	WR/DB	5-6	140	9
40	Wyett Shimp	OL/DL	6-3	205	10
51	Jayden Poulos	OL/DL	5-9	175	10
54	Hunter Leenderts	OL/LB	5-11	145	9
55	Gavyn Leuthold	OL/LB	5-8	180	10
60	Talon Steensma	OL/DL	5-10	200	11
61	Quintice Susie	OL/DL	5-10	170	10
71	Jack Moser	OL/DL	6-5	240	11
80	Bode Kruger	WR/DB	6-0	160	10
81	Jacob Wallin	TE/DE	6-2	160	10
82	Riley Tatge	TE/DE	6-3	200	12
86	Lukas Hubbard	WR/DB	5-8	140	11
95	James Peterson	OL/DL	5-8	195	10

Head Coach: Rex Metzger
Assistant Coach: Jason Rauk, Dalton Bass, Dylan Gehrke, Chris Harnack, Eric Harnack
Managers: Logan Susie, Brodie Metzger, Josh Ternus

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LHS Volleyball



2023 seniors (front, left) Hallie Bork, Tori Serie, Ava Loosbrock and Belle Smidt (back) Kira John, Kiesli Smith, Morgan Ahrendt, Elle Halverson

Seniors to lead Cardinals in 2023

By Greg Hoogveen

The Luverne volleyball team hands over the reins to a solid athletic core of eight seniors with playing experience.

This year's seniors are Kira John, Kiesli Smith, Morgan Ahrendt, Elle Halverson, Hallie Bork, Tori Serie, Ava Loosbrock and Bella Smidt.

Head coach Sarah DeBeer is also looking forward to developing a good junior class of players.

"Juniors Amira Cowell, Ella Reisdorfer, Kylie Vander Lugt and Payton Behr will all have significant roles in our 2023 season," DeBeer said.

The Cardinals graduated 12 seniors last year that had major roles on the team.

DeBeer is looking forward to having a team of athletes that love the game of volleyball.

"They don't just play to be involved, they truly love the game," DeBeer said.

"These players have a lot of drive and feed off each other's work ethic."

DeBeer has been part of the Luverne volleyball program since 2007.

Starting as a B-squad coach, DeBeer took the head coaching position in 2020.

"I look for players to have open minds about where they will play or what role they will have on the team, players who are willing to take feedback and make the changes needed to progress their game, and athletes that like to work with others," DeBeer said.

"Luverne volleyball has some great crowds at our matches which include supporters that have never had any involvement with the sport before, but they will never miss a game today," DeBeer said.

"Our program so appreciated all of our supporters and hopes to bring them another enjoyable season."

LHS Volleyball 2023 Roster

#	Name	Height	Year
12	Hannah Sneller	5'6	11
14	Kiesli Smith	6'1	12
2	Ella Reisdorfer	5'7	11
9	Payton Behr	5'8	11
7	Amira Cowell	5'7	11
18	Morgan Ahrendt	6'0	12
10	Blaycie Remme	5'8	11
3	Kaelyn Braun	5'7	11
15	Hallie Bork	5'9	12
4	Elle Halverson	5'9	12
8	Kylie Vander Lugt	5'4	11
6	Belle Smidt	5'4	12
5	Tori Serie	5'9	12
13	Kira John	5'10	12
11	Ava Loosbrock	5'9	12
1	Lilian Palmquist	5'4	11

Head Coach: Sarah DeBeer
Assistant Coach: April Wallace

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H-BC Volleyball



2023 seniors (left) Jessica Jones, Taylor Spykerboer, Larissa Steinhoff, Grace Anderson, Sylvia Fick and Brynn Rauk (not pictured Lanae Elbers)

Lady Pates seek full season success

By Greg Hoogveen

The Hills-Beaver Creek volleyball team is looking to build upon returning players and a strong core of seniors this season.

This year's seniors are Jessica Jones, Taylor Spykerboer, Larissa Steinhoff, Grace Anderson, Sylvia Fick and Brynn Rauk.

"We have a good foundation to build on for this year," head coach Meghan Zylstra said.

"They've been working so hard on fine-tuning things."

H-BC was not able to get a win last year, so this year they hope to rebuild on the leadership and determination of returning players.

"We have four seniors that will play

and start, so they will be able to provide a lot of leadership for us. Brynn Bakken is someone to watch. She's a freshman, but she's very athletic and aggressive," Zylstra said.

Senior Larissa Steinhoff returns with good experience, having been named to the Red Rock All-Conference Team last year.

Zylstra looks for coachable girls willing to do what it takes, even if it's uncomfortable to them – players willing to give it their all and not hold back.

Zylstra is in her third year as head coach at H-BC.

"I love seeing how much they grow from the beginning of the season and the relationships that are developed," Zylstra said.

H-BC Volleyball 2023 Roster

#	Name	Height	Year
1	Claire Knobloch	5-5	10
2	Silvia Fick	5-2	12
3	Brynn Rauk	5-7	12
4	Brynn Bakken	5-9	9
5	Taylor Gehrke	5-6	12
6	Abbie Harris	5-6	10
7	Ella Sammons	5-11	10
8	Bailey Spykerboer	5-8	11
9	Larissa Steinhoff	5-8	12
10	Lanae Elbers	6-2	12
11	Jessica Jones	5-7	12
12	Olivia Deelstra	6-0	9
13	Emma Deelstra	5-10	11
16	Grace Anderson	5-4	12

Head Coach: Meghan Zylstra
Assistant Coach: Lydia Scruggs

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LHS Cross Country



2023 seniors (left) Kayla Bloemendaal, Makena Nelson, Jenna DeBates, Brynn Boyenga, Zach Terrio and Ryan Fick

Coach encourages 'hungry and humble' athletes

By Greg Hoogeveen

The Luverne cross country team is looking forward to improving each week and building on running their best at the end of the season, head coach Pete Janiszkeski.

"Every year is a new puzzle that we have to put together with the members of the team," he said.

"It's always exciting to watch the kids learn, grow and improve as they collectively strive for excellence and becoming the best versions of themselves both on and off the course."

This fall the Cardinals have six seasoned seniors returning to lead the team.

They are Kayla Bloemendaal, Makena Nelson, Jenna DeBates, Brynn Boyenga, Zach Terrio and Ryan Fick.

Last season DeBates and Fick were named to the Big South All-Conference Team. They also qualified for the state individual competition and earned all-state honors at the state meet.

Last season the boys' team won six of 11 meets, including a conference and section title and were runner-up at the state meet.

The girls won four meets last year, includ-

ing an eighth consecutive conference title, and they finished third in the section meet just shy of qualifying for their eighth consecutive state meet.

Janiszkeski says he looks to the juniors and seniors to take leadership roles on the team.

"Leadership is more than a title. It's about how you treat and respect others and encouraging them to strive for excellence and being their very best," Janiszkeski said.

"It's just about staying healthy and staying humble and hungry to grow and improve each time out."

This will be Janiszkeski's 22nd year coaching cross country in Luverne.

"I coach to teach athletes to persevere and strive to get better, not only as an athlete but also as a student, teammate and person," Janiszkeski said.

"I enjoy coaching the mindset side of athletics and strive to help athletes learn how to maintain a positive mindset in hopes that they will realize their fullest potential as a person and a competitor."

LHS Cross-Country 2023 Roster

Name	Year
Jenna DeBates	12
Makena Nelson	12
Kayla Bloemendaal	12
Brynn Boyenga	12
Ryan Fick	12
Zach Terrio	12
Maria Rops	11
Andrea Luitjens	11
Jaelyn Arp	11
Owen Janiszkeski	11
Sage Viessman	11
Leif Ingebretsen	11
Kaleb Hemme	11
Eli McLendon	11
Dylan Ommen	11
Ella Schmuck	10
Maddy Schepel	10
Zander Fountain	10
Khloe Visker	9
Mariah Knorr	9
Olivia Lund	9
Reinha John	9
Anna Reisdorfer	9
Marcus Papik	9
Grace Kempema	8
Emma Wieneke	8
Natalie Berning	8
Summer Mollberg	7
Sophia Nolz	7
Ahna Totteland	7
Harper DeWispelaere	7
Mallory Berning	7
Bridget Sandager	7
Ridha Kadhim	7
William Gehrke	7

Head Coach: Peter Janiszkeski
Assistant Coach: Jodi Nelson

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FALL SPORTS SCHEDULES • FALL SPORTS SCHEDULES

2023

LUVERNE



FOOTBALL

Aug 26	Worthington - Scrimmage	A
Aug 31	Worthington	H
Sept 8	Jordan	A
Sept 15	Sibley East	H
Sept 22	Minnesota Valley Lutheran	A
Sept 29	Blue Earth Area	A
Oct 6	Pipestone Area (Homecoming)	H
Oct 12	Jackson County Central	A
Oct 18	Redwood Valley	H
Oct 24	Section Quarters	A
Oct 28	Section Semi Finals	A

VOLLEYBALL

Aug 26	Fairmont	A
Aug 29	SW Minnesota Christian	A
Aug 31	Triangular	H
Sept 5	Marshall	A
Sept 7	Westbrook Walnut Grove	A
Sept 9	Invitational	H
Sept 14	Adrian	A
Sept 16	Invitational - Jackson County	A
Sept 19	Redwood Valley	H
Sept 21	Pipestone Area	H
Sept 26	Worthington	H
Sept 28	St James Area	A
Oct 2	Edgerton	H
Oct 5	Jackson County Central	A
Oct 10	Windom	A
Oct 17	Hills-Beaver Creek	A
Oct 27	Section Quarters	H
Oct 31	Section Semis	H
Nov 2	Subsection Finals	A

GIRLS' TENNIS

Aug 19	Morris Area	A
Aug 19	Benson	A
Aug 22	Yellow Medicine East	H
Aug 22	MACCRAY	H
Aug 24	Lac Qui Parle Valley	A
Aug 24	Montevideo	A
Aug 26	Worthington	A
Aug 28	River Valley	H
Aug 29	Fairmont	H
Sept 5	Blue Earth Area	A
Sept 7	Marshall	H
Sept 12	Worthington	H
Sept 14	Pipestone Area	H
Sept 18	Sioux Falls Lincoln	A
Sept 19	St James Area	A
Sept 21	Redwood Valley	A
Sept 26	Big South	A
Oct 3	Section Quarters	H
Oct 5	Section Team Semi/Finals - SF	A
Oct 12	Section Individual - Sioux Falls	A
Oct 17	Section Individual Finals - SF	A
Oct 24	State Tournament	A

HILLS-BEAVER CREEK



FOOTBALL

Aug 31	HLOF	H
Sept 8	Lanesboro	A
Sept 15	Cedar Mountain	H
Sept 22	Mountain Lake	A
Sept 29	Renville County West	H
Oct 6	Edgerton	A
Oct 13	Westbrook Walnut Grove	A
Oct 18	New Ulm Cathedral	H

VOLLEYBALL

Aug 26	Adrian Tournament	A
Aug 29	Viborg Hurley	A
Sept 5	Edgerton	H
Sept 9	Luverne Tournament	A
Sept 12	Westbrook Walnut Grove	A
Sept 14	Mountain Lake	A
Sept 19	Red Rock Central	A
Sept 22	Edgerton	A
Sept 26	MCC	H
Sept 28	Russell-Tyler Ruthton	A
Oct 3	HLOF	H
Oct 6	SMSU Tournament	A
Oct 7	SMSU Tournament	A
Oct 10	Adrian-Ellsworth	A
Oct 16	Southwest MN Christian	H
Oct 17	Luverne	H

CROSS COUNTRY

Aug 25	Beresford	A
Sept 1	Mountain Lake	A
Sept 9	Multi-Team	H
Sept 14	Multi-Team	A
Sept 19	Jackson County Central	A
Sept 26	St James Area	A
Sept 30	Willmar Invitational	A
Oct 5	Multi-Team	H
Oct 10	Adrian	A
Oct 17	Big South Championship	A
Oct 26	Section 3A Tournament	A
Nov 4	State Tournament - Saint Olaf	A

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LHS Girls' Tennis



2023 seniors (left) Morgan Hadler, Roselynn Hartshorn, Cassi Chesley, Rayann Remme and Sarah Stegenga

Cardinals look to return to state tourney in 2023

By Greg Hoogeveen

The Luverne girls' tennis team is poised for another great season this year, according to head coach Jon Beers.

Having lost three key doubles players to graduation last year, this year's team retains experience and a strong singles unit.

Beers said he looks to this year's seniors to lead the team.

Seniors this year are Sarah Stegenga, Rayann Remme, Morgan Hadler, Roselynn Hartshorn and Cassi Chesley.

Stegenga, Remme and Hadler primarily play singles, while Hartshorn and Chesley are doubles partners.

Beers looks to his junior class for strong play throughout the year and possible varsity action.

Juniors are Augusta Papik, Caitlin Kindt, Emma Nath, Corynn Oye and Katia Jarchow.

Last year Luverne had a season

record of 13-6, 3-4 in conference play and were section champions.

They were the first team to make it to the state tournament, and many players are now included on this year's team.

Returning all-conference players this year are Stegenga and Hartshorn.

"The goal for this year is to make it back to the state tournament," Beers said.

"I feel that the conference is very even this year."

Last year Luverne won all three matches in the section tournament by scores of 4-3.

"Any one of those teams could have beaten us, so I don't think that this year will be much different," Beers said.

This is Beers' fifth season as Luverne's head coach.

"My team is filled with very impressive young ladies," Beers said.

"They are a very special group, and I am proud that they represent Luverne High School the way that they do."

LHS Tennis 2023 Roster

Name	Year
Cassi Chesley	12
Morgan Hadler	12
Rayann Remme	12
Sarah Stegenga	12
Roselynn Hartshorn	12
Caitlin Kindt	11
Augusta Papik	11
Nora Louwagie	11
Madison Hansen	11
Katia Jarchow	11
Audrie DeBates	11
Emma Nath	11
Corynn Oye	11
Kaitlin Conger	11
Makala Oechsle	10
Elizabeth Mulder	10
Addyson Mann	10
Jessika Tunnissen	10
Hannah Kempema	10
Bergen Ask	10
Zoey Smeins	10

Head Coach: Jon Beers

Assistant Coach: Zoe DeBates

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